



**Sunday Assembly
Annual Report and
Financial Statements
for the year ended
31 December 2022**

About Sunday Assembly

Sunday Assembly was established in 2013 as a registered charity and based in London. In 2019, its international network became community groups affiliated with the charity, which meant that the charity was no longer responsible for governing each community group. However, we all continue to bring people together through our motto to live better, help often and wonder more as well as share that one thing we have in common: 'life'.

Sunday Assembly is a volunteer-led secular community. Our volunteers are at the heart of the charity and a true representation of the work done to provide opportunities to all. To help us achieve this, we have had the support of two paid roles in 2022 - the Producer and Bookkeeper - who are part-time contractors and give so much of their time and energy. **Thank you all.**

Live better: our vision

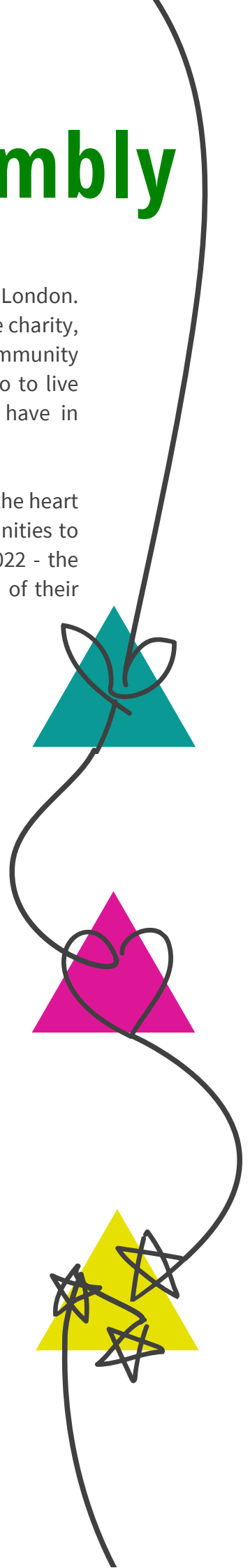
We strive for everyone to live as fully as possible. Through the events we host and the many community groups and activities - occurring in addition to our bi-monthly events - people are able to connect, build relationships, and share a sense of belonging; all of which we believe are everyone's right to have.

Help often: our mission

Beyond coming together as a community, we extend our activities to supporting other causes and raising awareness of other local movements. Above all, we try to help each other.

Wonder more: our approach

We provide a platform for inspiring expert speakers, budding poets, and musicians for our community to enjoy. Each bi-monthly event is themed and the choir and band align their performances with that. We aim to bring awareness of interesting topics that provide insight, reliable facts and figures grounded in evidence.





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Welcome from the Board

Thank you for taking the time to read our Annual Report and Accounts 2022.

Despite the challenges brought about by the pandemic, we have continued as a community, remaining committed to our mission of celebrating life, helping others and creating community.

We are proud to report that over the past year, we have held a variety of engaging and thought-provoking events, available both online and in-person, which have helped to bring our community closer together. From our bi-monthly assemblies to our smaller interest groups and social events, we have continued to provide a space for people to connect, share and grow.

Financially, we are pleased to report that we remained in a stable position, with our income and expenditure remaining balanced throughout the year due to venue costs for the year being covered by a grant. This has been made possible through the generosity of our members and supporters, as well as through careful management of our resources.

Looking ahead, we are excited to continue building on our success and expanding our community in new and meaningful ways. We remain committed to creating a welcoming and inclusive space for all, and to providing a platform for diverse voices and perspectives to be heard.

On behalf of the Board of Trustees, we would like to thank you for your continued support and involvement in Sunday Assembly. We are proud of what we have achieved over the past year, and we look forward to an even brighter future together.



2022 highlights

13 Jan - It's My Party and I'll Dry If I Want To

We celebrated Sunday Assembly's 9th birthday and the New Year with a mindful drinking-themed assembly. Laura Willoughby and Dru Jaeger, co-founders of Club Soda, spoke about making conscious decisions about alcohol consumption. Later, we tasted alcohol-free drinks at Club Soda's pop-up storefront.

20 Feb - Becoming What You Are

Sasha Gay Smith, founder and director of the London-based company I AM IN ME, shared her motivation and work to guide young people on their journeys towards self-improvement.

20 Mar - Detoxing Masculinity

In follow up to International Women's Day, we explored healing masculinity, to create a better world for all people, from violence against women and girls to shocking mental health outcomes for men. The assembly featured psychotherapist and filmmaker Jerry Hyde, who has been leading men's groups for over 20 years and we welcomed Keith Jarrett as our poet.

26 Feb - Sex on the Brain

To mark Valentine's Day, Zoe Cormier, a science communicator and author of 'Sex, Drugs, and Rock n' Roll: The Science of Hedonism and the Hedonism of Science', shared amusing anecdotes from across the animal kingdom that revealed deeper truths about human desire.

26 Mar - Thinking Like a Woman

In celebration of International Women's Day, we were joined by George Halfin, project manager at Innate Health, coach and mum of two. George reached out other women who'd overcome their own struggles and their inspiring stories motivated George to write the book 'A Life Less Serious'.

3 Apr - Mind Your Language

True language translation is more nuanced than a simple tap of a "translate" button. Keith Kahn-Harris, author of "The Babel Message: A Love Letter to Language," spoke about the beauty and diversity of language. The Sunday Assembly Band brought us together through the language of music, and we enjoyed poetry from Andrew Rea and Hanna Finn's "This Much I Know" talk.



4 Sunday Assembly's Got Talent

From stand up to a mandolin solo, community members entertained an audience filled with family, friends and fellow Sunday Assemblers at our first ever talent show! The event provided community members with the opportunity to try out material in front of a supportive audience, as well as raise funds for the charity. Host with the Most, Sanderson Jones, helped keep the evening on track and the bingo game and a raffle on point.

1 May - The Art of Protest

JStop Shopping UK shared their story and message through speech and song. The group was inspired by actor and playwright William Talen who began protesting against mass consumerism in 1998 in New York City by developing an over-the-top Billy Graham-esque character and performing in Times Square with a choir, which led to the Stop Shopping movement.

17 Apr - The Uneggspected: Tales of Lost and Found

IRina Atienza, a lecturer at Kingston School of Art, shared some 'easter egg' secret images that artists had hidden in their work in the hope that others would find and appreciate them. We also enjoyed a performance by musical comedian Harriet Braine.

15 May - Periods of Change

We heard from science communicator, educator, and comedian, Chella Quint. Chella's goal is to help people counter the negative portrayals of periods in the media, coining the term 'period positive' for her 2006 "Adventures in Menstruating" comedy show and authoring "Own Your Period" and "Be Period Positive"

25 Jun - How to Make an Apple Pie From Scratch

Particle physicist Harry Cliff led us through an exploration of the history of time starting from a fraction of a second after our universe began and using personal stories of his life in the modern world of physics. Plus we were joined by poet David Lee Morgan.

Sustaining the Future

We held two events - one in person, one online - to come together as a community to share and discuss ideas of things we can do to address the challenges to our future sustainability.

19 Jun - Queer Britain

We learned why it's so important to have a place where people can go to hear about the history of queer culture from Dan Vo, Award-winning LGBTQ+ tour coordinator, museum consultant, and marketing manager for Queer Britain Museum, the UK's first LGBTQ+ museum. We were also joined by poet Sanah Ahsan, a clinical psychologist and 2019 Outspoken Prize winner for Performance Poetry.

Annual General Meeting

We held our AGM following our assembly on 19 June. During this meeting we shared our 2021 Annual Report with the community and the Board elected our new trustees.

3 Jul - What Kind of Future do we Want?

David Wood, Chair of London Futurists, joined us to help explore how life could become significantly better in just a few short decades with fast-changing tech. David also shared his views about the future of health, the future of work, the future of communities, and the future of sustainability!

17 Jul - Exceptional Individuals

One of the most positive developments of the 21st century has been the acceptance and understanding of neurodiversity. Matt Boyd, told us about how his organisation, Exceptional Individuals, helps neurodivergent people find work that suits their unique set of traits as well as assisting employers in supporting their neurodivergent staff. We were also joined by award winning performance artist Victoria Melody!

4 - 7 August - Wilderness Festival

A group of band, choir and other volunteers from the community joined Sanderson Jones to put on two shows for Wilderness Festival goes to promote and spread the word about Sunday Assembly.

Picnic in the Park

We carried on the tradition of moving outside for the summer. The community were invited to join in at picnics on 7 and 21 August, to build connections and enjoy some time outdoors.



4 Sep - Create Communities, Not Cults

Author Matthew McNaught shared his spiritual journey which he described in his essay "Immanuel" and explored the ways in which communities that start with the best intentions are often plagued by tyranny and corruption. Poetry on the day came from guest performer Variety D.

18 Sep - This Technicoloured Life

TV chef and cookbook author Sue Kreitzman talked about her love of self-expression through colourful clothing and her involvement with the Colour Walk community - a group of people who meet up to wear colourful clothing together. This assembly also included a talk from Lizetta Lyster, a member of our community who has lived a very colourful life!

23 Sept - Swingday Assembly

We got into the swing of things in autumn with a swing dance party! We invited a few of our dance friends to show us what they've got in a short performance. This was followed by a free taster lesson of some of their smoothest moves and then a party with a DJ playing swing hits.

2 Oct - Something Inside So Strong

Community member Andrew Hoerlein shared the story of a life-changing moment when he fell from a mountain and was forced to put his trust in the paramedics who rescued him for his own survival. Andrew talked about how this led to him becoming a paramedic himself, what it means to hold someone else's life in your hands and the importance of making plans for our own eventual ends. We also honoured Black History Month with sing-along songs by black artists and a poetry reading on this theme by Alex Williams.

16 Oct - Knowing When to Quit

Quitting Coach Sarah Weiler is an expert in guiding people through periods in their lives when they need to make difficult decisions and taught us about the methods she uses to help people decide whether the time is right to move on or they should stay the course.



6 Nov - Dig Into the Past

Maiya Pina-Dacier, archaeologist and Head of Community at DigVentures, shared how the organisation helps ordinary people experience the excitement of going on an archaeological dig. Member of our community, Gwawr Thomas, told us about several DigVentures she had been on and we heard original poetry by Cheryl Cohen.

20 Nov - The First Rule of Mental Fight Club...

Mental Fight Club puts on exciting and inspirational creative events and projects to use social engagement to narrow the divide between the 'ill' and the 'well'. Ian McCartney, Development Director at Mental Fight Club, and Neil Coles, the Senior Project Manager talked about how the organisation has benefited countless people since its inception in 2003. The assembly also featured poetry by Norman Welch.

9 Dec - Yule Rock

Sunday Assembly London's annual seasonal sing-along made it's come back! We decked the halls and jingled our bells to raise money for the organisation and share some joy along the way.

4 Dec - The How of Happy

Comedian Ariane Sherine shared what the studies say you should do to find happiness in your relationships, your friendships, your finances, your sex life and your career. Poetry on the day came from Christopher Kraken.

18 Dec - Snow Globe: Winter Festivals From Around the World

We rounded up the end of the year with seasonal songs and tales of wonder from around the (snow) globe, all performed by members of the Sunday Assembly London community.

26 Dec - Boxing Day meetup

Hosted by community member Matt Lockwood, 15 people attended this get together to bring people together at a time of year that can feel lonely for many.

Community impact

In addition to our assemblies, Sunday Assembly provides many activities for people to come together, share their passions, and have fun. These activities also provide many volunteering opportunities across these groups and beyond.

► Live Better groups

Two Live Better groups, our peer-to-peer support groups, were run by volunteers to enable eight people each to come together and provide mutual support and encouragement towards deal with an issue or work towards a goal.

► Band and choir volunteering

The band and choir met regularly to rehearse to enable them to lead and supporting the communal singing at Assemblies.

Plus the band held two jam sessions during 2022 designed to give everyone who wanted to volunteer to be part of the band an opportunity to play with others.

► Other Interest Groups

Tea and TED

This online meetup continued monthly, hosted by community member Liz Wilson, allowing the community to come together in an inclusive and virtual space.

Board Games Club

Led by community member Mitsky Shah, the club met after Sunday Assemblies in person to enjoy a game or two together.

Lunch club and Pub group

Following each assembly, volunteers invite community members to join them at either the pub or for an alcohol free lunch to continue the conversation and community bonding.

Facebook social group

The thriving Sunday Assembly Facebook social group enables community members to arrange and promote an array of ad hoc meet ups based on the varied interests of the group.

Article Club

Led by community member Alisatir Baker, the group meet monthly to review and discuss two democratically selected articles.

The power of giving and receiving donations

We are so incredibly grateful to our supporters and particularly our individual donors, who make this community sustainable. Fundraising in 2022 was strong, with £24,367 in unrestricted personal donations, including £6,001 coming from regular monthly contributions. Given the typical level of attendance in Conway Hall, these figures also suggest that regular gifts represent a potential avenue for growth!

We also received £2,000 in grants which were generously given by Tesco, Magic Little Grants, the London Faith & Belief Community.



► Putting the “Fun” in Fundraising

Roaring back from the lockdowns, Yule Rock was a smashing success, bringing hundreds of people together for a night of song and cheer. This success contributed substantially to our annual fundraising efforts, contributing £3,779 in revenue. Even more importantly, Yule Rock was followed by a surge in attendance, providing a winter boost to our community spirit.

► How our community comes together



Attendees: The success of Sunday Assembly hinges on the active involvement of our community. In 2022 we embraced this by running two events to gather feedback from our community members to ensure their voices are not only acknowledged but also actively involved in shaping the future trajectory of Sunday Assembly for years to come.

Supporters: Financial support from our community is incredibly important to the future of Sunday Assembly and so attention to existing and new regular donors will continue to be prioritised in the future.



Volunteers: As a volunteer-led organisation, our volunteers are integral to the success of Sunday Assembly - without them we truly wouldn't be able to do what we do! Recruiting new volunteers and maintaining relationships with everyone who have been giving their time longer term has been a key consideration for the Board and Coordination Crew throughout 2022.

Principle risks and uncertainties

Community engagement identified community growth and venue consideration as two key areas for discussion in future strategy planning. Venue costs are the largest part of our budget, and as future rent is not supported by grant funding, the 2023 budget is in deficit. Both from an aesthetic point of view and financial perspective, the current attendance rates may be too low to support Sunday Assembly in Conway Hall in the long term.

Efforts in 2023 and beyond will target strategic development on these two areas. First, we will seek to identify communications strategy and other avenues for growing the size of the community both to increase the vibrancy of our assemblies and to better support costs through both regular and one-off donations. Second, we will conduct research into alternative venue possibilities as an alternative strategy if growth is not sufficient. The success of our community growth efforts as well as the availability of possible alternatives will determine the future course of Sunday Assembly London.

► The future is bright

Our community is the driving force behind the the future of Sunday Assembly. To ensure that our governance, strategies, and the shaping of the organisation truly reflects our community, we actively engage in co-creating through community-centered events. Together, we strive for resilience and strength, knowing that any necessary changes are faced together.

Thank you to everyone who supports Sunday Assembly
Your support is truly invaluable!

Corporate directory

► How our community comes together

Charity number	1162995
Company registration number	08818905
Date of incorporation	18 December 2013
Start of financial year	1 January 2022
End of financial year	31 December 2022
Directors at 31 December 2022	<p>Dr J Becker (appointed June 2022, appointed Chair October 2022)</p> <p>Ms K Reid (appointed October 2022, appointed Treasurer October 2022)</p> <p>Miss A Miles (appointed June 2022, appointed Secretary October 2022)</p> <p>Miss A Perez (appointed May 2019)</p> <p>Miss E Streeter (appointed Jun 2022)</p> <p>Ms J Booth (appointed Feb 2018, resigned October 2022)</p> <p>Mr A Baker (appointed April 2020, resigned October 2022)</p> <p>Ms K Glover (appointed June 2021, resigned June 2022)</p> <p>Mr A Newton (appointed June 2018, resigned June 2022)</p> <p>Mr A Scott Taggart (appointed April 2020, resigned June 2022)</p>
Governing document	Memorandum & Articles of Association Dated 18 December 2013
Objects	To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation for the public at large, with the object of improving the condition of life of all who use such facilities, in particular but without limitation by providing facilities for people to meet and associate on a Sunday, without distinction of sex, sexual orientation, race or of political, religious or other opinions.





► Independent examiner

Oluyinka Afolayan ACA, CPFA

Independent Examiner

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Independent Examiner's report

Report of the Independent Examiner to the Directors of the charitable company on the accounts for the year ended 31 December 2022

I report to the Directors on my examination of the financial statements of the charitable company on pages 15 to 20 for the year ended 31 December 2022 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW), and under the historical cost convention and the accounting policies set out on page 16.

Respective responsibilities of the Directors and the Independent Examiner and the basis of the report

As described on page 13, you, the charitable company's Directors, who are also the Directors of the Company for the purposes of Company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Directors consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the Directors have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:-

- a.** examine the financial statements of the charity under Section 145 of the Act;
- b.** follow the applicable procedures in the Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Basis of Independent Examiner's Statement and scope of work undertaken

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Directors, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Directors in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide.

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Directors of all material matters.

Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

- The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;
- This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

- and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-
 - accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;
 - the financial statements do not accord with those records; or
 - the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;
 - have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Oluyinka Afolayan CPFA

This report was signed on 30 November 2023

Statement of financial activities

Statement of Financial Activities (including the Income and Expenditure Account for the year ended 31 December 2022, as required by the Companies Act 2006)

	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior year Total Funds 2021 £
Income & endowments				
Donations & legacies	20,561	2,400	22,961	29,373
Charitable activities	3,779	-	3,779	7,275
Other trading activities	1,377	-	1,377	270
Total income	25,717	2,400	28,117	36,918
Expenditure				
Charitable activities	29,380	10,348	39,728	30,788
Total expenditure	29,380	10,348	39,728	30,788
Net funds brought forward				
Net income for the year	(3,663)	(7,948)	(11,611)	6,130
Net income after transfers	(3,663)	(7,948)	(11,611)	6,130
Net movement in funds	(3,663)	(7,948)	(11,611)	6,130
Reconciliation of funds: -				
Total funds brought forward	31,292	12,138	43,430	37,300
Total funds carried forward	27,629	4,190	31,819	43,430

Resources applied in the year ended 31 December 2022 towards fixed assets for Charity use

	2022 £	2021 £
Funds generated in the year as detailed in the SOFA	(11,611)	6,130
Net resources available to fund charitable activities	(11,611)	6,130

Movements in revenue and capital funds for the year ended 31 December 2022

Total revenue funds

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Funds brought forward	31,292	12,138	43,430	37,300
Recognised gains and losses (before transfers)	(3,663)	(7,948)	(11,611)	6,130
Closing revenue funds	27,629	4,190	31,819	43,430

Breakdown of Income and Expenditure for year ending 31 December 2022

	2022 £	2021 £
Income		
Fundraised income	26,211	34,081
Gift Aid	1,906	2,837
Gross income in the year before exceptional items	28,117	36,918
Gross income in the year including exceptional items	28,117	36,918
Income		
Charitable expenditure, excluding depreciation and amortisation	39,728	30,788
Total expenditure in the year	39,278	30,788
Net income before tax	(11,611)	6,130
Net income after tax	(11,611)	6,130
Retained surplus	(11,611)	6,130

All activities derive from continuing operations.

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

Sunday Assembly - Balance Sheet as at 31 December 2022

	Notes	2022	2021
		£	£
Current assets			
Debtors	7	886	77
Cashes at the bank and in hand		31,865	44,020
Total income		32,752	44,097
Creditors: amounts falling due within one year	8	(933)	(667)
The total net assets of the charity		31,819	43,430
Restricted and unrestricted funds to the charity			
Restricted revenue funds	12	-	12,138
Unrestricted funds	12	31,819	31,292
Total charity funds		31,819	43,430

The Trustees are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is from page 15 to 17.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.



Joshua Becker

Director

Approved by the Board of Trustees on 6 December 2023

The notes attached on pages 21 to 29 form an integral part of these accounts.

Notes to the Accounts for the year ended 31 December 2022

1. Accounting policies

Policies relating to the production of the accounts

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Going concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Risks and future assumptions

The charity is a public benefit entity.

The directors actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The directors have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated.

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity.

However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers and this is described more fully in Note 4.

Fixed assets

The Charity held no fixed assets during this or the previous financial year.

Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

Financial instruments including cash and bank balances

Cash held by the charity is included at the amount actually held and counted at the year end. Bank balances, whether in credit or overdrawn, are shown at the amounts properly reconciled to the bank statements.

Pensions - defined benefit schemes

Due to Sunday Assembly not having any employees this is not something which the charity is required to have in place.

Fund accounting

Unrestricted funds are available for use at the discretion of the Directors in furtherance of the general objectives of the charity. There are no endowment funds.

2. Liability to taxation

The charity is exempt from tax on its charitable activities.

3. Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4. The contribution of volunteers

Sunday Assembly London continues to be a volunteer-led organisation. Its reliance on volunteers is at the heart of the charity and a true representation of the work done to provide opportunities to all. We do have two paid, part-time contractor roles: Producer and Bookkeeper. The Producer's main focus is leading the production of Sunday Assembly's core service - the assemblies on the first and third Sundays of the month.

Outside of this, the running of Sunday Assembly is managed by two volunteer teams. Firstly, the Board of Trustees, who have accountability for setting Sunday Assembly's strategic direction and ensuring it fulfils its charitable purpose and legal and compliance obligations. Secondly, the Co-ordination Crew, which is responsible for delivering Sunday Assembly's services including twice monthly Assemblies, Interest Groups, Choir, Live Better groups, Community meetings, and fundraising activities.

5. Staff costs and emoluments

Sunday Assembly has not had any employees since 2019. The charity operates with a Producer who is a contractor and paid on a monthly basis.

6. Remuneration and payments to trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity. No employees received emoluments (excluding pension costs) in excess of £60,000 per annum

7. Debtors

	2022 £	2021 £
Total debtors	886	77

8. Creditors: amounts falling due within one year

	2022 £	2021 £
Total creditors	933	667

9. Income and expenditure account summary

	2022 £	2021 £
At 1 January	43,430	37,300
Surplus after tax for the year	(11,611)	6,130
At 31 December	31,819	43,430

10. No related party transactions

No payments were made to Directors or any persons connected with them during this financial period.
No other transaction took place between the charity and a trustee or any person connected with them.

11. Particulars of how categories of funds are represented by assets and liabilities

	Unrestricted funds	Restricted funds £	Total funds £
At 31 December 2022			
Current assets	28,561	4,190	32,752
Current liabilities	(933)	-	(933)
	27,628	4,190	31,819
At 1 January 2022			
Current assets	31,959	12,138	44,097
Current liabilities	(667)	-	(667)
	31,292	12,138	43,430

12. Change in total funds over the year

	Funds brought forward from 2021 £	Movement in funds from 2021 £	Funds carried forward to 2023 £
Unrestricted funds			
Unrestricted revenue funds	31,292	(3,664)	27,628
Restricted funds			
National Lottery Grant (improving EDI)	1,945	(255)	1,720
National Lottery Grant (2022 venue cost)	10,000	(10,000)	0
Aviva Community Fund	193	-	193
Individual regular doner (speakers)	-	777	777
Tesco Grant (Various)	-	1,000	1,000
Magic Little Grants (Live Better Mental Health training)	-	500	500
Total unrestricted funds	31,292	(3,664)	27,628
Total restricted funds	12,138	(7,948)	4,190
Total charity funds	43,430	(11,611)	31,819

13. Analysis of movements in funds during 2022

	Income 2022 £	Expenditure 2022 £	Other gains and losses 2022 £	Movement in funds 2022 £
Unrestricted funds				
Unrestricted revenue funds	25,717	-	-	
Designated unrestricted funds				
Expenditure	-	(29,380)	-	
Total unrestricted funds			-	(3,663)
Restricted funds				
National Lottery Grant (2022 venue cost)	-			
Aviva Community Fund	-			
National Lottery Grant (Improving EDI)	-			
Individual regular doner (speakers)	900			
Tesco Grant (Various)	1,000			
Magic Little Grants (Live Better Mental Health training)	500			
Designated restricted funds				
Grant expenditure		(10,348)		
Total restricted funds				(7,948)
Total charity funds	28,117	(39,728)	0	(3,663)

14. The purposes for which the funds are used

Unrestricted and designated funds

One of the main uses for Sunday Assembly's unrestricted income is to put events on which aim to bring people together, to connect and make lasting relationships that eliminates loneliness and social isolation. We use our motto to live better, help often and wonder more to influence, inspire and excite our audience. All events, aside from our fundraising events, rely on the generosity of our audience so that we can continue doing what we do but also continue to build and evolve this charity so that we can reach out to more people.

Restricted funds

In 2022 Sunday Assembly spent £10,000 of National Lottery grant money on venue hire for our regular assemblies and £225 of National Lottery money on completing a report on how to improve our accessibility and inclusivity.

Sunday Assembly provides an inclusive environment where people can find a supportive community. Some people have mental health needs beyond the support that our community volunteers can provide directly and mental health first aid training can help us bridge that gap. For this purpose, we received in 2022 £1,000 from Tesco and £500 from Magic Little grants; we also received an unrestricted grant of £500 in the form of a Faith and Belief Forum community Award.

We also received £900 in restricted donations towards speaker fees and expenses.

15. Ultimate controlling party

The charity is under the control of its legal members. Every member of the charity is obliged to contribute such amount as may be required not exceeding £10 to the assets of the company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

16. Donations, grants and legacies

	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior year Total Funds 2021 £
Donations & gifts from individuals				
Individual donations (<£1,000)	11,303	-	11,303	8,154
Gift Aid	1,906	-	1,906	2,837
Regular giving	6,001	900	6,901	4,315
One-off fundraising events	-	-	-	7,260
Annual fundraiser (Yule Rock)	3,779	-	3,779	2,375
Merchandise	-	-	-	15
Other income (to support fundraising activities)	1,377	-	1,377	270
Total donations & gifts from individuals	24,367	900	25,267	25,226
Revenue grants				
National Lottery Community Fund (2022 venue cost)	-	-	-	10,000
Aviva Community Fund	-	-	-	1,692
Tesco Grant (various)	-	1,000	1,000	-
Magic Little Grants (Live Better Mental Health training)	-	500	500	-
London Faith & Belief Community Award	500	-	500	-
Total public sector revenue grants	500	1,500	2,000	11,692

17. Partnerships and philanthropy income

	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior year Total Funds 2021 £
Bank of England (Corporate gift)	850	-	850	350
Total partnerships & philanthropy income	850	-	850	350

18. Expenditure on charitable activities

	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior year Total Funds 2021 £
Activities & events	1,193	123	1,316	2,634
Other one-off production expenses	169	-	169	1,529
Total direct spending	1,362	123	1,485	4,163

19. Restricted grant expenditure

		Current year Restricted funds 2022 £	Current year Total funds 2021 £
Contractors restricted to grant	Grant		
Alison Austin - EDI Consultant	National Lottery Grant (EDI)	225	225
Total contractors restricted to grant		225	225
Cost restricted to grant			
Conway Hall - venue cost	National Lottery Grant (venue)	10,000	10,000
Total costs restricted to grant		10,000	10,000
Total from charitable activities		10,225	10,225

20. Support costs for charitable activities

	Current year Unrestricted funds 2022 £	Current year Total funds 2022 £	Prior year Total funds 2021 £
Volunteer costs			
Volunteer stewardship	-	-	368
Premises Expenses			
Conway Hall - venue cost	11,877	11,877	5,531
Conway Hall – storage cost	-	-	594
Supporting costs for activities			
Marketing & communications	438	438	1,011
Band rehearsal	1,364	1,364	234
Choir rehearsal	34	34	83
Front of House expenses	663	663	276
Catering expenses	86	86	-
Software licenses & platform fees	2,840	2,840	877
Liability & contents insurance	243	243	251
Sundry expenses	1,315	1,315	181
Total	18,860	18,860	9,406

21. Financial costs

	Current year Unrestricted funds 2022 £	Current year Total funds 2022 £	Prior year Total funds 2021 £
Bookkeeper contractor	813	813	2,340
Bookkeeper Expense to HMRC	-	-	25
Legal & auditing fees	95	95	-
Regulator fees	-	-	50
Total	908	908	2,415

22. Administrative overheads

The basis of allocation of costs between activities is described under accounting policies.

	Current year Unrestricted Funds 2022 £	Current year Total Funds 2022 £	Prior year Total Funds 2021 £
Producer contract	8,250	8,250	8,250
Total	8,250	8,250	8,250

23. Total charitable expenditure

	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior year Total Funds 2021 £
Total expenditure				
Total direct spending	9,621	123	9,735	12,413
Grant expenditure	-	10,225	10,225	6,554
Total support costs	19,768	-	19,768	11,821
Total charitable expenditure	29,380	10,348	39,728	30,788

	Prior year Unrestricted Funds 2021 £	Prior year Restricted Funds 2021 £	Prior year Total Funds 2021 £
Total expenditure			
Total direct spending	12,413	-	12,413
Grant expenditure	-	6,554	6,554
Total support costs	11,821	-	11,821
Total charitable expenditure	24,234	6,554	30,788



Thank you

This year has been full of wonderment, and Sunday Assembly is able to live better thanks to its incredible supporters.

We are grateful to Conway Hall for providing a beautiful home for us to fill with song and joy. We would like to thank the Coordination Crew and the many other Volunteers whose hard work and creativity fills our lives with wonderment.

Last, but certainly not least, a huge thank you to those who donate to Sunday Assembly; the people who keep us afloat and believe in our mission. It's with thanks to you that we can support people to live better, help often and wonder more - thank you!

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